



OUR LADY OF LOURDES PARISH
LENT and HOLY WEEK Liturgies and Events 2018
Please keep this schedule for future reference



ASH WEDNESDAY – 14 February

- **Day of Fast and Abstinence** – Ashes distributed at both Masses
- Masses: in English: 8:00 AM and 7:00 PM, and in Spanish: 8:15 PM

Evening of Reflection - Every Thursday – 7 PM

~ Focusing on Saint Pope John Paul's Encyclical Letter "Ecclesia De Eucharistia"
(THE EUCHARIST IN ITS RELATIONSHIP TO THE CHURCH)

Stations of the Cross –

- Every Friday– 6 PM, except Good Friday 30 Mar
- 30 March Stations of the Cross -The Family Way of the Cross
To be led by the Confirmation Class and their families.

Soup Suppers and Video Presentation

- 6 PM Every Friday in Lent after the Stations of the Cross with DVD "A Family Retreat with Archbishop Fulton J Sheen"
- No soup supper on Good Friday, 30 March

Penance Service - 5 March – 7:00 PM

~ Sacrament of reconciliation and reflection

Palm Sunday – 24 March - Vigil Mass 5:00 PM

Palm Sunday – 25 March - Sunday Masses – 8:30 AM, 10:30 AM, 5:00 PM (Spanish)

- ~ Celebrate Jesus entering Jerusalem on a donkey as the people laid palms for the donkey to walk on as was the custom for the arrival of a king.
- Fr Dariusz will ride a donkey leading the procession before the 10:30 Mass.
- Before all Masses, palms will be blessed and distributed to parishioners.

Holy Week Daily Masses: 8:00 AM Mon 26 Mar – Wed 28 Mar (no morning Masses Thur or Fri)

Holy Thursday – 29 March ~ Mass 6:30 PM with inside church procession

~ commemorating when Jesus met with the apostles in the upper room for the Last Supper and:

- **Instituted the Eucharist** when He took bread, said the blessing, broke it, and gave it to them, and said, "Take it; this is my body." Then he took a cup, gave thanks, and gave it to them, and they all drank from it. He said to them, "This is my blood of the covenant, which will be shed for many. "
- **and established Holy Orders** when He ordained the first priests when He said to the apostles "Do this in memory of Me"
- After Mass the altar will be stripped and left bare
- The Eucharist will be moved from the Tabernacle to reside in a side place.
- Adoration will be from end of Mass to 10:00 PM

Good Friday – 30 March

- 12:00 PM Noon~ The Passion and Crucifixion of the Lord Service
- 6:00 PM ~ Stations of the Cross -The Family Way of the Cross
To be led by the Confirmation Class and their families. ~ ALL ARE WELCOME
- No soup supper on Good Friday

HOLY SATURDAY EASTER VIGIL – 31 March – Mass 8:15 PM

- Blessing of Water
- Blessing and Lighting of the Pascal Candle
- Candle light procession into the church
- Welcoming of RCIA catechumens and candidates into the Catholic Church
- Baptism and First Holy Communion of RCIA catechumens
- Confirmation of RCIA candidates

EASTER SUNDAY, 1 April, Masses 8:30 AM, 10:30 AM, 5:00 PM (Spanish)
(Egg hunt after 8:30 Mass and before 10:30 Mass)

WHAT IS LENT

Lent is the forty-day season of preparation for the Paschal Triduum (Holy Thursday, Good Friday, and Easter)

- ❖ The Forty Days are counted from Ash Wednesday (14 February 2018) to Holy Thursday 29 March 2018)
- ❖ Sundays are not counted in the Forty Days as they remain the Day of the Lord's Resurrection.

Why Forty Days?

- ❖ The number forty calls to mind the forty days of rain during Noah's flood, when the earth was washed clean.
- ❖ It also calls to mind the forty years the Hebrew people traveled through the desert to the promised land.
- ❖ In the Gospel of the First Sunday of Lent, Jesus fasts in the desert for forty days while being tempted by Satan.
- ❖ The number forty is more a spiritual than literal number, and is meant to represent a long period of time.

What we do during Lent

- ❖ All Fridays in Lent are days of abstinence.
- ❖ Abstinence means not eating any meat, dairy products, as well as fish and seafood are allowed.
- ❖ **All Catholics over the age of 14 are required to abstain on the days established by the Church.**
- ❖ During Lent we may abstain from many things, such as, television, harsh words, dessert.
- ❖ In our Liturgy, too, we abstain from excesses and ornamentation. Our environment is simple and bare.
- ❖ On Ash Wednesday, we wear ashes on our foreheads as a sign of our sinfulness, our frailty, and our mortality.
- ❖ The "Alleluia" is silenced so that we might sing with ever more joy and exultation the Easter song of praise.
- ❖ **The Church teaches that Ash Wednesday and Good Friday are days of fasting.**
- ❖ Fasting requires that only one full meal is taken. Two smaller meals are usually eaten, but the two smaller meals do not exceed the amount of food taken at the full meal.
- ❖ While fasting, food is not eaten between meals.
- ❖ **Catholics who are between the ages of 18-59 are asked to observe the fast days.**

ASH WEDNESDAY AND GOOD FRIDAY

ARE DAYS OF FAST AND ABSTAINANCE